



Ashington Children's Centre

What's On April - July 2017

HOW
**ACTION FOR
CHILDREN**
WORKS

MONDAY

**Pre Booking
Pregnancy Clinic**
9.15am - 9.45am
Call 01670 819988 to book

Breastfeeding Group
9.30am - 11.30am
No need to book, just call in

BBQ Cooking
12.30pm - 2.30pm
Limited crèche available
Call or book online
Begins 19 June for 4 weeks

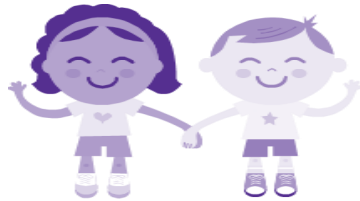
Behaviour Support Group
1.00pm - 3.00pm
Drop in for parents of
children with challenging
behaviours
No need to book, just call in

Pregnancy, Birth & Beyond
2.00pm - 4.00pm
Ante-natal advice and
information
Timetables available from
reception on request

TUESDAY

Learning Hive
Drop-in Between
9.00am - 2.00pm
Call in anytime no need to book

Baby Weigh In Clinic
1.30pm - 3.00pm
Call in to weigh your baby and
chat to a Health Visitor



Please be advised
when booking onto
courses, priority is
given to families living
in Ashington with
children aged
0 - 5 years

WEDNESDAY

Learning Hive
Drop-in Between
9.00am - 2.00pm
Call in anytime no need to book

**Learning Together
Through Play**
10.00am - 11.30am
Parent and toddler group for
children 0-5 years old
Call in anytime, no need to book
Term time only
£1.00 per family

HENRY
9.00am - 11.30am
Health exercise and nutrition
for the really young
Begins 17 May for 8 weeks
Term time only.
Crèche provided.
See reverse for full details

01670 819988

To book onto a course, please phone 01670 819988 or
visit www.centralnorthumberlandchildrenscentres.org

THURSDAY

I.T. Skills
9.30am - 11.30am
Work towards a City & Guilds
qualification
Call to book, limited crèche
places available
Begins 18 May for 4 weeks

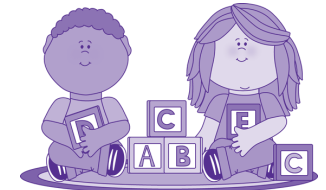
Baby Play
10.00am - 11.30am
For children under 24 months
Come along and explore fun
sensory activities
Call in anytime, no need to book
Term time only
£1.00 per family

Little Miracles
10.00am - 12.00pm
For children with
additional needs
Just drop in, no need to book
See overleaf for details

1st Time Mums
1.30pm - 3.00pm
A chance to meet other first
time mums and have a chat
with the nursery nurse
For children under 6 months

FRIDAY

English
9.30am - 11.30am
Maths
12.30pm - 2.30pm
Gain a recognised qualification
Entry Level, Level 1 & Level 2
Limited crèche places available
Call or book online



SATURDAY

D.A.D.S. Group
10.00am - 11.30am
For Dads, male carers and their
children with fun activities
Saturday 08 July
No need to book just drop in

 Find us on
Facebook

Pregnancy, Birth & Beyond

Come along to our Parent craft courses. A great opportunity for parents-to-be and their supporters to get useful information and ideas to help you prepare for childbirth and caring for your new baby.

Pre Pregnancy Booking Clinic

Please could you attend this session before your "Booking" appointment with your midwife. You are welcome to bring your partner/family member or a friend if you would prefer not to come on your own.

At this session a midwife will discuss with you several issues regarding your pregnancy

Breastfeeding Group

A group for breastfeeding mums to attend, meet other mums, get advice from Nursery Nurse and Breastfeeding peer supporters and baby weigh at end of session, no need to book just come along

1st Time Mums

A group set up specifically for first time mums, providing a safe, quiet environment for babies to discover and learn. It offers new mums a chance to meet in an informal setting

Behaviour Support Group

Does your child have challenging behaviour? Are they being investigated for autism or related disorders? Come along with your child to meet other parents with similar problems Contact Nicki Trehwitt, Health Visitor on 01670 841133

English & Maths

Gain a recognised qualification
Entry Level, Level 1 & Level 2

Learning Together Through Play

Session includes lots of age appropriate toys and games for children to play with, crafts, outdoor play area, healthy snack time and singing
Suitable for children birth to pre school age
No need to book

Learning Hive

The Learning Hive has a bank of computers which can be used for job searching and there is a printer available for printing off any CVs or job applications. Or if you are not confident, our staff and volunteers are on hand to give you any support you need

Baby Play

Calling all parents/carers with children. Come along to our Baby Play Group every Thursday morning. Meet new people, sing songs, sensory play, lots of fun activities and music. Snacks and refreshments.
No need to book, just come along

Childminder's Drop-in

Call in & have a chat with other childminder's within the area, whilst the children play within a safe environment.
No need to book

Little Miracles

For children with additional needs
Have fun and relax in a safe and friendly environment.
Meet friends and make new ones
Support each other and share experiences.
Access our new fully equipped sensory room and meet Health Professionals
Explore and develop senses and skills

HENRY

Everyone wants the best for their children, but it can be hard to know what to do as a parent in the early years. The HENRY programme is free to join and helps you give your child the best possible start in life

BBQ Cooking

Learn how to cook healthy BBQ recipes for the Summer with qualified Health Trainers

Ashington Children's Centre

Alexandra Road
Ashington
Northumberland
NE63 9EF

01670 819988

www.centralnorthumberlandchildrenscentres.org

Jobs Board

Local jobs advertised in reception, updated weekly, copies of vacancies available on request

Sensory Room

We have a fully equipped sensory room available for parents, carers and professionals to book

Nursery

Full and Half Day sessions available. For further information please telephone 01670 841155

C-Card Scheme

Available for young people up to 24 years old. Call 01670 819988 for more details